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Cindy L Rogers : Collections from an Aspen Chef: Favorite recipes with options to accommodate your dietary preferences. Use them as is, or easily modify into gluten free, dairy free or vegan before purchasing it in order to gauge whether or not it would be worth my time, and all praised Collections from an Aspen Chef: Favorite recipes with options to accommodate your dietary preferences. Use them as is, or easily modify into gluten free, dairy free or vegan:

1 of 1 people found the following review helpful. My Favorite Cookbook! By Lynn Dudgeon I absolutely love this cookbook. I have had the pleasure of experiencing Cindy's cooking on many occasions. The highlight of my Aspen experience was Cindy preparing meals for my family and friends. Her recipes accommodated everyone's food preferences and dietary needs while being absolutely delicious. I love her cookbook so much I bought several copies to share with friends. Thanks Cindy! 1 of 1 people found the following review helpful. All yummy! By Nancy Herget Easy to follow these delicious recipes. The spaghetti carbonara has become a regular "go to" dinner that used to be a restaurant treat. If you have an abundance of zucchini from your garden, try the quinoa melange in carrot juice. You will be glad you did! 1 of 1 people found the following review helpful. Delicious! By GMPT Though I've only had time to try a few of the recipes, they were delicious. The instructions are clear and easy to follow. I'm very glad I got the book.

“Collections from an Aspen Chef” is a selection of favorite recipes from Cindy Rogers, who has worked as a chef in Aspen for 28 years. Rogers is known for her delicious fare and talent for accommodating those with dietary restrictions due to allergies or choice. The cookbook is full of wonderful recipes with easy guides to modify dishes to suit dietary needs — gluten-free, dairy-free or vegan. The modifications make it simple for those new to cooking with alternative ingredients to create delicious meals. Symbols on each page identify recipes as gluten free, dairy free, or vegan. Recipe sidebars provide tips and modifications to suit individual needs. Collections from an Aspen Chef introduces users to new recipes, and includes familiar favorites as well as few treasures from friends and family that can be adapted to work for everyone at the table!

About the Author Cindy Rogers has been a private chef in Aspen for the past 28 years. She has learned to

accommodate a number of different and challenging menu requirements. Some were due to dietary restrictions, others to severe allergies, and some to taste preferences. In addition to her own severe allergic reactions to certain foods. Learning to adapt her cooking style has been a never-ending education. She lives in Woody Creek, Colorado and cooks in Aspen, Los Angeles, Hawaii and the Hamptons. Cindy Rogers has been an artist most of her life. She sells her paintings, etchings and drawings in galleries over the United States, and in the summer at the Aspen Saturday Market.

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